



Healing Axis

Integrative Energy Medicine

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www.healingaxis.com

610-585-5800

Your initial visit for acupuncture will last approximately 1.5 hours; return visits are usually an hour. Your initial visit will be spent interviewing you regarding your medical history and primary complaint. Following the interview a physical examination will take place based on Traditional Chinese Medicine. This includes feeling your pulse, looking at your tongue and some palpation. Afterwards, we will begin a course of treatment. Your treatment is a collaboration between yourself and your practitioner. By choosing to come into the clinic you have already begun the healing process in making a commitment to your health.

I want to reassure you that acupuncture is safe and relatively, painless. Most people experience an overall sense of relaxation and well-being. To help me serve you better I ask that you observe the following guidelines:

☞ You should make any of the following conditions or situations known to your acupuncturist prior to treatment.

- Have a severe bleeding disorder
- Have Type 1 diabetes (insulin dependent)
- Are pregnant or think you may be pregnant
- Have a pacemaker or any implanted electrical device
- Have epilepsy or get seizures
- Have or have had cancer or any tumor growth- benign or malignant

TREATMENT TIPS

- Please eat 1 to 2 hours prior to your appointment time. *It is important to have eaten something before your visit.*
- Please wear loose-fitting clothes or bring some shorts to change into, if possible.
- Please give yourself ample time to arrive for your appointment. If you are rushed it affects the pulse quality, a part of your physical examination.
- When needles are inserted relax and breathe normally.

If you have not received acupuncture before, I hope you will soon share the increasing enthusiasm for the health enhancing benefits of acupuncture. Although many Oriental medical techniques may appear unusual at first, acupuncture is a 3,000 year-old healing art that has endured the test of time.

Health & Happiness,
Kevin J. Barr

Fee Structure and Clinical Policy

Acupuncture & Energy Medicine Consultation

First office calls last approximately 1.5 hours, and are charged at the rate of \$120.

Follow up office calls last about an hour and are charged at the rate of \$100. There is also a fee for any plasters or supplements and any electro-therapeutic pads or devices in addition to the above charges.

Healing Axis treats only one person at a time. You are given individual attention and every effort is made to strategize treatments for maximum effect resulting in faster favorable outcomes and less visits. Within the treatment session, any modalities used (e.g. acupressure, acupuncture, electrotherapy, massage, sound therapy) are included. Based on your health concerns, how long they have been going on, your age and your financial resources, a treatment plan will be outlined which may include shorter treatments using therapies that support normal length treatments. For example, it may be determined that cupping therapy with a fee of \$50. be incorporated after three weeks of full treatments to keep costs lower while also meeting the goals of the treatment plan.

I do not accept insurance at this time. Therefore, full payment is expected at the time of your visit unless special arrangements have been made. If your insurance company covers acupuncture, I can provide you with the documentation that you can submit to them for reimbursement but payment is due at time of treatment.

Confidentiality

All visits and clinical notes are confidential. As a way to improve my clinical skills and to provide better health care, on occasion I consult on cases with other health care professionals. In those cases patient identity is protected.

Please be aware that if you ask for insurance payments there is a strong possibility that the insurance company will want to see a copy of my clinical notes before they disburse payment. Once clinic notes have left my office, I cannot be responsible for who sees them or how they are used. I will ask for your informed consent to release this information before sending them any information.

Cancellations

Appointments may be canceled with a 24-hour notice. Unless there is an emergency, missed appointments or those cancelled with *less than 24 hours* of notice will be charged \$60. Thereafter, missed appointments without notice or with less than a 24 hour notice will be charged the full fee.